



DR. DARON C. PRAETZEL
DR. AARON B. BALDWIN

Hot Springs Office:
200 McAuley Court
Hot Springs, AR 71913
Phone (501) 623-4485
Fax (501) 623-4480

White Hall Office:
6531 Sheridan Road
White Hall, AR 71602
(870) 247-1200

GENERAL PRE-OP INSTRUCTIONS

You may not have **ANYTHING to eat or drink** (including water) **after 8:00 pm the night prior to surgery**. We recommend this regimen even if you are scheduled for a local anesthetic in the event an IV becomes necessary.

If you take routine oral medications, or are diabetic please check with your surgeon prior to your surgical date for instructions. **Please notify your surgeon if you are on any blood thinners, bone medications, or insulin.**

If you have been instructed to take any medications morning of surgery, please do so with a very small sip of water. **Most prescribed daily meds can be taken with a sip of water prior to surgery, especially blood pressure or heart medications.**

A responsible adult must accompany you and should be present at the time of your surgery. This person **must remain in the office during the procedure**, and drive the patient home. For patients under 18, a parent or legal guardian will have to sign the surgical consent form and **remain in the office during the procedure.**

The patient should not drive a vehicle, operate any machinery or make any legal decisions for 24 hours following the anesthesia experience.

Please wear loose fitting clothing with sleeves which can be rolled up past the elbow.

Contact lenses, jewelry, dentures and **all** piercings (tongue ring, lip ring) must be removed at the time of surgery.

No cell phones or pocket knives permitted in the surgery rooms.

Do not wear lipstick, makeup, lotion, perfume or nail polish on the day of surgery.

If you have an illness such as a cold, sore throat, stomach or bowel upset, please notify the office.

If an unforeseen circumstance requires you to change or cancel your scheduled appointment, we ask that you provide us with 48 hours notice.