

POST-PROCEDURAL INSTRUCTIONS

ThermaVein Treatment

Please follow these instructions as closely as possible. They are designed to help you heal quickly, and comfortably, with minimal side effects. If you experience any complications, please call our office.

ThermaVein® thermos coagulation is designed to treat red veins; thread veins; red spots and spider nevus. The principle is based on the action of a high frequency wave producing a thermal lesion and thus sealing the vein.

COMMON OCCURANCE AFTER TREATMENT

There is instantaneous disappearance of the red thread veins after treatment. Skin site will be red and feel warm but usually calms down within the day. There may be slight redness in the skin surrounding the treated vein for a few days or longer.

In the days following ThermaVein® treatment some larger vessels may appear to be visible – this is a normal occurrence; these vessels will gradually fade and be broken down by the body. Some redness, dryness and tiny micro crusts could be present for a few days or longer.

Gentle washing of the skin and the use of good quality mineral make-up will not affect results.

Usually one treatment is all that is needed, but more may be required to achieve the optimum results.

AFTER YOUR PROCEDURE: THE FIRST 48 HOURS

- Refrain from touching treated area
- Wash area gently, no scrubbing or rubbing
- There may be small amount of crusting within the first 48-72 hours – we advise to **not** remove this
- Avoid stretching the skin
- Avoid excessive exercise, nothing to cause sweating or dilation of the capillaries
- Aloe Vera gel can be used after treatment

AFTER HEALING HAS OCCURRED

- Always protect the skin with a good broad spectrum sunscreen
- Avoid harsh cleansing, steaming or exfoliation of the skin, gentle effective products are advised
- Avoid squeezing and pulling the skin
- Avoid tanning beds, saunas and steam rooms

Further treatments on the face can be carried out after a minimum of 28 days.

If you have further questions or concerns following treatment please contact our office at (501)-623-4485